

Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

Results

Event 401 Women 16-17 50 LC Meter Backstroke

	Name	AgeTeam	Prelim Time
Preliminaries			
1	Dwyfor-Clark, Efa	17 Nofio Gwynedd	30.38
2	Anderson, Rosalie	16 Co Cardiff	30.65
3	Winstanley, Elin	17 Co Hereford	30.91
4	Nichols, Grace	16 Pembs Cty	30.98
5	Daniel, Megan	16 Caradon	31.62
6	Schumm, Libby	17 Torfaen D	31.71
7	Hall, Emily	16 Warrington W	31.90
8	Edwards, Alaw	16 Nofio Gwynedd	32.42
9	Hughes-Rolls, Ava	17 Torfaen D	32.71
10	James, Grace	17 Bridgend Cty	32.81
11	Upton-Boorman, Isabella	16 Nofio S Gar	33.91
---	Roberts, Isabel	16 Co Cardiff	NS
---	Fitzgerald, Mali	16 Bridgend Cty	NS

Event 401 Women 18 & Over 50 LC Meter Backstroke

	Name	AgeTeam	Prelim Time
Preliminaries			
1	Humphreys, Ffion	18 Nofio Gwynedd	29.46
2	Stead, Martha	21 Swansea Uni	30.71
3	Collyer, Mabli	18 Nofio S Gar	30.99
4	Hempenstall, Amy	18 Guildford Ct	31.16
5	Howells-Davies, Lana	18 Swansea Aq	31.58
6	Salmon, Gwen	19 Rct Squad	31.65
7	Lush, Emily	24 Swansea Uni	31.71
8	Willis, Hannah	21 Swansea Uni	31.72
9	Williams, Rose A	18 Co Cardiff	32.09
10	Bamborough, Katie	22 Swansea Uni	32.16
11	Gillingham, Grace	22 Nofio Bangor	32.24
12	Huws, Awen	18 Rct Squad	32.38
13	Williams, Jody	20 Swansea Uni	32.66
14	McGrath, Izzy	20 Swansea Uni	32.69
15	Blake, Emily	19 Co Cardiff	32.72
16	Worthington, Emma	18 Chirk	33.76
17	Stork, Niamh	22 Co Cardiff	33.82
18	Jones, Myia	18 Wrexham	33.91
---	Fox, Honor	19 Co Cardiff	NS
---	Hatton-Ellis, Isabelle	18 Swansea Uni	NS
---	Blanch, Janelle	19 Swansea Uni	NS

Event 401 Women 50 LC Meter Backstroke Multi-Class

	Name	AgeTeam	Prelim Time
Preliminaries			
---	%Willis, Meghan S9	19 Torfaen D/1,3,5	NS